

20th Asian Games
Aichi-Nagoya 2026

Sport Technical Handbook
(Version 3.0)

WEIGHTLIFTING



Log Report Summary

Version	Date	Overview
V.1.0	14 August 2025	First draft. Information current as of June 2025.
V.2.0	30 September 2025	Second draft. Information current as of August 2025.
V.3.0	12 February 2026	<p>Third draft. Information current as of January 2026.</p> <p>【Main changes and items】</p> <p>I General Information :</p> <p>Information update and description improvement.</p> <p>II Technical Information :</p> <p>4.Competition Events</p> <p>5.Competition Schedule</p> <p>16.Doping Control</p> <p>17.Victory Ceremony</p> <p>18.Sport Information Desk (SID)</p> <p>V Appendices :</p> <p>1.Venue Masterplan</p> <p>4.Competition Schedule</p> <p>7.Clothing Guidelines</p> <p>8.Late Replacement of Athletes (Form)</p> <p>9.SPONSOR</p>

Foreword

The 20th Asian Games Aichi-Nagoya 2026 will be held in Aichi-Nagoya, Japan, from 19 September to 4 October 2026. It is a very meaningful event for all of Japan, as it brings a chance to further deepen growing exchange within Asia.

“IMAGINE ONE ASIA” is our slogan for the Games. The organizers claim that sports have the power to bring people together beyond the barriers of language, culture and nationality. They hope that Aichi-Nagoya 2026 Asian Games will be the opportunity for every people in Asia to be able to imagine their own ‘ONE ASIA’ with the power of sports so that the ties among the people in Asia will be strengthen and they can forward to the bright future.

This Sport Technical Handbook is available in electronic form, in English. This Handbook contains technical information and information about the services to be provided at the Games, as well as the contact details of the relevant sports organisations.

Table of Contents

I.	General Information.....	7
1.	Introduction to the 20th Asian Games Aichi-Nagoya 2026.....	7
1.1.	Emblem	7
1.2.	Mascot.....	8
1.3.	Other Information	8
2.	Accreditation and Validation	8
3.	Validity Period of AGIAC.....	9
4.	Transport	9
5.	Accommodation.....	9
6.	Media Services.....	10
6.1.	Broadcast Mixed Zone.....	10
6.2.	Press Mixed Zone.....	10
6.3.	Press Conference Room.....	10
6.4.	FOP Photo Positions	11
6.5.	NOC Press Attaché	11
7.	Medical Services	11
8.	Weather Information.....	13
8.1.	Climate in Aichi-Nagoya.....	13
8.2.	Climate in Gifu	14
8.3.	Climate in Shizuoka	15
8.4.	Climate in Tokyo	16
8.5.	Climate in Osaka	17
II.	Technical Information	19
1.	Competition Date.....	19
2.	Competition Venue	19
3.	Competition Management	19
3.1.	Technical Delegate	19
3.2.	Sport Manager	19
4.	Competition Events.....	19
5.	Competition Schedule.....	20
6.	Competition Rules.....	21
7.	Competition Format.....	21
8.	Sport Entries.....	23
8.1.	Eligibility	23

8.2.	Entry Timeline	23
8.3.	Entry Policies (special rule for the 20th Asian Games Aichi-Nagoya 2026) ...	24
9.	Training Arrangement	24
10.	Technical Officials and Jury of Appeal	24
11.	Verification of Final Entry Meeting.....	24
12.	Technical Officials Meeting.....	25
13.	Technical Meeting	25
14.	Protests and Appeals	25
15.	Equipment and Clothing	25
16.	Doping Control.....	25
17.	Victory Ceremony	26
18.	Sport Information Desk (SID).....	26
III.	Approval of the Technical Handbook.....	28
IV.	Key Contact Information	30
1.	OCA.....	30
2.	International Weightlifting Federation.....	30
3.	Asian Weightlifting Federation.....	30
4.	Technical Delegate.....	30
5.	AINAGOC	31
5.1.	Sports Department	31
5.2.	Sport Manager	31
6.	Japanese Olympic Committee (JOC)	31
V.	Appendices.....	33
1.	Venue Masterplan.....	33
2.	Competition Venue	35
3.	Field of Play (TBC)	36
4.	Competition Schedule.....	37
5.	Training Schedule.....	39
6.	OCA Constitution.....	40
7.	Clothing Guidelines	43
7.1.	ATHLETE FRONT	43
8.	Late Replacement of Athletes (Form)	46
9.	SPONSOR.....	47
9.1.	Prestige Partners	47
9.2.	Official Partners	47
9.3.	Official Sponsors.....	47

9.4. Official Suppliers.....47



I

General Information



I. General Information

1. Introduction to the 20th Asian Games Aichi-Nagoya 2026

Date: 19 September to 4 October 2026

Host City: Aichi-Nagoya

Sports: 41 sports

Venues: 53 competition venues, 73 training venues

Concept:

- Athlete-Centered
- Using existing facilities
- Making full use of state-of-the-art technology
- Offer hospitality with traditions through interaction with citizens
- Contribute to the promotion of sports culture

1.1. Emblem

The smooth curves describe the liveliness of sports.

The center line colored by purple, gold and green inspires the image that people get together as one and go forward to the future by heading to a bright red sun, the symbol of the Olympic Council of Asia (OCA). The purple is used as an image of iris which is the prefectural flower of Aichi. The gold describes the Kinshachi, the golden tiger-fish roof ornaments and the symbol of the Nagoya Castle. And the green inspires the high environmental consciousness among people of Aichi-Nagoya fostered through the EXPO Aichi 2005, the COP10 and the UNESCO World Conference on ESD. The emblem contains the initial letters of Asia, Aichi and Nagoya. You could see "A" described by the purple curve and the center line and "N" designed by the purple and the gold.



1.2. Mascot

"HONOHON," the mascot of the 20th Asian Games, was born from the fiery passion that dwells in the hearts of athletes, becoming one with Shachihoko, the guardian deity of Aichi-Nagoya.

The name "HONOHON" is derived from the word "Honoho," which is said to be the origin of the Japanese word meaning "flame," that comes from the image of fire rising high and burning brightly, resembling the shape of a rice ear ("ho" in Japanese). To make the name sound more friendly, we named it "HONOHON."



1.3. Other Information

For more information, please refer to the official website of Aichi-Nagoya Asian Games Organizing Committee (AINAGOC).

URL: <https://www.aichi-nagoya2026.org/en/>

2. Accreditation and Validation

AINAGOC will distribute the Accreditation Guide to Responsible Organisations in December 2025. The Accreditation system will be available from 11 December 2025 to 14 May 2026.

From July 2026 onwards, AINAGOC will produce and deliver the Pre-valid Asian Games Identity and Accreditation Card (PVC) to Responsible Organisations that have confirmed their Accreditation Status Report. Upon arrival in Japan, Games stakeholders will be required to validate their PVC at the Welcome Centre 1 accreditation validation

desk or other accreditation facilities by presenting their valid identity documents. For further details, please refer to Chapter 7.1 of the *Accreditation Guide*. After validation at the accreditation facility, the PVC becomes the AGIAC which grants access to competition and non-competition venues and zones. The AGIAC grants the cardholder the appropriate access entitlements to the venues and zones.

3. Validity Period of AGIAC

When a participant presents the PVC or the AGIAC in conjunction with the valid passport (or equivalent travel document), it will function as a visa waiver when applying for entering Japan and can be used multiple times between 0:00 on 31 July 2026 and 23:59 on 19 October 2026.

4. Transport

Athletes and team officials will be provided with transport on arrival and departure, for competitions, and for training. Services will be available for the designated locations. AINAGOC will allocate a specific number of dedicated vehicles to each NOC delegation for its exclusive use. For more details, please refer to the *Transport Guide for Athlete & NOCS* published on September 30.

5. Accommodation

A conventional Athletes' Village will not be built.

During the 20th Asian Games Aichi-Nagoya 2026, NOC athletes, team officials will be accommodated at Garden Pier (Villas*), Kinjo Pier (cruise ship), and existing accommodation facilities (hotels, etc.), and Technical Delegates (TDs), International Technical Officials (ITOs) and National Technical Officials (NTOs) will be accommodated at existing accommodation facilities (hotels, etc.).

Necessary functions and services will be provided. In principle, it has to be ensured that TOs will be accommodated at separate lodging facilities from NOC athletes.

For security reasons, access to the Athletes' Accommodations will require the appropriate accreditation card.

*A facility that houses accommodation amenities within a container-sized unit,

allowing for easy transportation via trailer or ship, and used as a hotel or private residence.

6. Media Services

6.1. Broadcast Mixed Zone

All athletes are required to pass through the Broadcast Mixed Zone after the competition. However, athletes are not obligated to comply with interview requests in this area.

The Broadcast Mixed Zone is directly connected to the Press Mixed Zone, ensuring a seamless transition for athletes and media representatives.

* Victory Ceremony Procedure:

If an athlete is scheduled to attend the victory ceremony, the Ceremony Producer or Sports Manager will notify the Host Broadcasters and Press Mixed Zone Manager. These athletes will then be escorted to the ceremony briefing area. After the victory ceremony, they will return to the Broadcast Mixed Zone and pass through the area.

6.2. Press Mixed Zone

Athletes must pass through the Press Mixed Zone right after passing through the Broadcast Mixed Zone so that they can be interviewed by accredited press as soon as possible after the competition ends. They also have the right to decline interviews and go directly through the Mixed Zone.

6.3. Press Conference Room

After the finals of each event, in principle, a post-competition press conference will be arranged. At these Press conferences, interpretation in 6 languages (Japanese, English, Chinese, Korean, Russian and Arabic) will be provided. Translating a participant's native language into English, if needed, shall be done by the Press Attaché(s) or staff of the relevant NOC taking part.

If the athlete notified of a doping test has not yet completed it, Doping Control

Personnel shall be permitted to attend the press conference for continuous observation.

6.4. FOP Photo Positions

FOP photo positions will be set up in FOPs or FOP surrounding areas in each competition venue. These positions are for accredited photographers to use to take photos of competitions. Accredited photographers will need to wear supplementary access control devices in order to enter FOP photo positions. During the victory ceremony, a suitable temporary position will be set up if deemed necessary.

For some events, the shooting at the FOP photo positions may use photo truck(s), photo boat(s), catwalk remote control camera(s), shooting house(s), and underwater remote-control camera(s). Some of these special photo positions will be provided through the Rate Cards.

6.5. NOC Press Attaché

NOC press attachés with Supplementary access control device(s) will assist in facilitating interviews between Athletes and Accredited press. They can enter the athletes' side of the Press Mixed Zone, determined by PRS FA (Broadcast Services Functional Area). Where necessary, language support volunteers may assist them in their activities.

7. Medical Services

Medical Services During the Games, AINAGOC will run Medical rooms for athletes at each competition venue and provide onsite medical services and emergency transport. At each athletes' accommodation, medical staff will be stationed to provide necessary care and treatment.

If advanced care and further exams are needed, patients will be transferred to the Games' designated hospitals.

If necessary, medical services such as emergency treatment, hospitalization and emergency transfer will be provided.

Onsite Basic medical services and emergency transport services will be provided free of charge.

Other medical services shall be paid for in accordance with the provisions stated in the relevant policy for insurance cover.

Free medical services will not include non-essential medical care nor elective medical treatment.

8. Weather Information

8.1. Climate in Aichi-Nagoya

In Aichi-Nagoya, the average maximum temperature in September is 29.9°C, so the summer heat still lingers. In October, the temperature drops to 23.9°C, and signs of autumn begin to appear.

The average minimum temperature also gradually cools, reaching 22.1°C in September and 15.4°C in October.

The average rainfall is relatively high, at 197.5mm in September and 177.9mm in October.

Overview of Weather in Aichi-Nagoya in September and October (2015-2024)

Meteorological Parameters	September	October
Prevailing Wind	North-northwest Wind	North-northwest Wind
Average Wind Speed (m/s)	2.7	2.8
Maximum Wind Speed (m/s)	12.1	9.9
Highest Wind Speed (m/s)	21.7	16.5
Average Temperature (° C)	25.3	19.2
Maximum Average Temperature (° C)	29.9	23.9
Minimum Average Temperature (° C)	22.1	15.4
Precipitation (mm) Monthly Average	197.5	177.9
Maximum Precipitation (mm) Historically For This Month	365.5	530.0
No. of Rainfall Days per Month (days) Monthly Average	21	16

8.2. Climate in Gifu

In Gifu, the average maximum temperature in September is 30.0°C, which is one of the highest in the country. By October, the temperature drops to 24.0°C, signaling the arrival of autumn.

The average minimum temperature is also cooler, at 21.9°C in September and 15.0°C in October.

Rainfall is heavier in September, averaging 237.8mm, and in October, averaging 179.3mm.

Overview of Weather in Gifu in September and October (2015-2024)

Meteorological Parameters	September	October
Prevailing Wind	West-northwest Wind	Northwest Wind
Average Wind Speed (m/s)	2.4	2.3
Maximum Wind Speed (m/s)	11.4	10.3
Highest Wind Speed (m/s)	19.6	16.8
Average Temperature (° C)	25.4	19.1
Maximum Average Temperature (° C)	30.0	24.0
Minimum Average Temperature (° C)	21.9	15.0
Precipitation (mm) Monthly Average	237.8	179.3
Maximum Precipitation (mm) Historically For This Month	427.5	513.5
No. of Rainfall Days per Month (days) Monthly Average	20	16

8.3. Climate in Shizuoka

Shizuoka remains hot in September with an average maximum temperature of 29.3°C and an average minimum of 22.1°C, but by October the weather becomes more comfortable with an average maximum of 24.2°C and an average minimum of 16.3°C. The average daily temperature is a comfortable 20.0°C even in October. The average rainfall is high, at 314.8 mm in September and 242.0 mm in October, and the area is heavily affected by typhoon season.

Overview of Weather in Shizuoka in September and October (2015-2024)

Meteorological Parameters	September	October
Prevailing Wind	Northeast Wind	Northeast Wind
Average Wind Speed (m/s)	2.2	2.1
Maximum Wind Speed (m/s)	8.8	9.4
Highest Wind Speed (m/s)	17.9	19.0
Average Temperature (° C)	25.4	20.0
Maximum Average Temperature (° C)	29.3	24.2
Minimum Average Temperature (° C)	22.1	16.3
Precipitation (mm) Monthly Average	314.8	242.0
Maximum Precipitation (mm) Historically For This Month	616.5	622.0
No. of Rainfall Days per Month (days) Monthly Average	21	18

8.4. Climate in Tokyo

Tokyo continues to be hot and humid in September with an average maximum temperature of 28.2°C and an average minimum temperature of 21.2°C, but in October it becomes more comfortable with an average maximum temperature of 22.6°C and an average minimum temperature of 15.2°C.

The average rainfall is high in September at 255.3 mm and in October at 212.0 mm.

Overview of Weather in Tokyo in September and October (2015-2024)

Meteorological Parameters	September	October
Prevailing Wind	South Wind	North-northwest Wind
Average Wind Speed (m/s)	2.7	2.5
Maximum Wind Speed (m/s)	10.4	10.9
Highest Wind Speed (m/s)	19.6	22.9
Average Temperature (° C)	24.2	18.5
Maximum Average Temperature (° C)	28.2	22.6
Minimum Average Temperature (° C)	21.2	15.2
Precipitation (mm) Monthly Average	255.3	212.0
Maximum Precipitation (mm) Historically For This Month	503.5	531.5
No. of Rainfall Days per Month (days) Monthly Average	23	20

8.5. Climate in Osaka

Osaka continues to be hot in September with an average maximum temperature of 29.9°C and an average minimum of 22.6°C, but in October the weather becomes more autumnal with an average maximum of 24.1°C and an average minimum of 16.3°C.

The average rainfall is relatively low, at 153.6mm in September and 131.1mm in October.

Overview of Weather in Osaka in September and October (2015-2024)

Meteorological Parameters	September	October
Prevailing Wind	North-northeast Wind	North-northeast Wind
Average Wind Speed (m/s)	2.5	2.4
Maximum Wind Speed (m/s)	10.7	8.5
Highest Wind Speed (m/s)	19.5	16.2
Average Temperature (° C)	25.7	19.8
Maximum Average Temperature (° C)	29.9	24.1
Minimum Average Temperature (° C)	22.6	16.3
Precipitation (mm) Monthly Average	153.6	131.1
Maximum Precipitation (mm) Historically For This Month	372.0	430.0
No. of Rainfall Days per Month (days) Monthly Average	19	16



II

Technical Information



II. Technical Information

1. Competition Date

The Weightlifting competition of the 20th Asian Games Aichi-Nagoya 2026 will be held from 23 to 29 September 2026.

2. Competition Venue

The Weightlifting competition of the 20th Asian Games Aichi-Nagoya 2026 will be held at Nagoya City Trade and Industry Center. The FOP consists of one (1) weightlifting competition stage, one (1) competition platform, warm-up area with 14 platforms, Technical Officials' Tables, Competition Management (Technical) Tables and IF/AF Table(s).

The training will be held at the same place. There will be 30 training platforms. Training is available from 17 September 2026 until 29 September 2026.

3. Competition Management

3.1. Technical Delegate

Chinen Reiko Kato (JPN)

3.2. Sport Manager

Sato Hiromi (JPN)

4. Competition Events

The Weightlifting competition of the 20th Asian Games Aichi-Nagoya 2026 consists of 16 events, including eight (8) men's and eight (8) women's events as follows.

Men's (8): 60kg, 65kg, 70kg, 75kg, 85kg, 95kg, 110kg, +110kg

Women's (8): 49kg, 53kg, 57kg, 61kg, 69kg, 77kg, 86kg, +86kg

5. Competition Schedule

Date	Session	Gender	Time		Event
23 Sep. (Wed)	WLF01	W	10:00	12:00	Women 49kg Group B
		W			Women 53kg Group B
	WLF02	W	13:30	15:30	Women 49kg Group A
		W	15:40	15:50	Women 49kg Victory Ceremony
		W	17:00	19:00	Women 53kg Group A
		W	19:10	19:20	Women 53kg Victory Ceremony
24 Sep. (Thu)	WLF03	M	10:00	12:00	Men 60kg Group B
		M			Men 65kg Group B
	WLF04	M	13:30	15:30	Men 60kg Group A
		M	15:40	15:50	Men 60kg Victory Ceremony
		M	17:00	19:00	Men 65kg Group A
		M	19:10	19:20	Men 65kg Victory Ceremony
25 Sep. (Fri)	WLF05	W	10:00	12:00	Women 57kg Group B
		W			Women 61kg Group B
	WLF06	W	13:30	15:30	Women 57kg Group A
		W	15:40	15:50	Women 57kg Victory Ceremony
		W	17:00	19:00	Women 61kg Group A
		W	19:10	19:20	Women 61kg Victory Ceremony
26 Sep. (Sat)	WLF07	M	10:00	12:00	Men 70kg Group B
		M			Men 75kg Group B
	WLF08	M	13:30	15:30	Men 70kg Group A
		M	15:40	15:50	Men 70kg Victory Ceremony
		M	17:00	19:00	Men 75kg Group A
		M	19:10	19:20	Men 75kg Victory Ceremony
27 Sep. (Sun)	WLF09	W	10:00	12:00	Women 69kg Group B
		W			Women 77kg Group B
	WLF10	W	13:30	15:30	Women 69kg Group A
		W	15:40	15:50	Women 69kg Victory Ceremony
		W	17:00	19:00	Women 77kg Group A
		W	19:10	19:20	Women 77kg Victory Ceremony
28 Sep. (Mon)	WLF11	M	10:00	12:00	Men 85kg Group B
		M			Men 95kg Group B
	WLF12	M	13:30	15:30	Men 85kg Group A
		M	15:40	15:50	Men 85kg Victory Ceremony
		M	17:00	19:00	Men 95kg Group A
		M	19:10	19:20	Men 95kg Victory Ceremony
29 Sep. (Tue)	WLF13	W	9:30	11:30	Women 86kg Group A
		W	11:40	11:50	Women 86kg Victory Ceremony
		M	12:30	14:30	Men 110kg Group A
		M	14:40	14:50	Men 110kg Victory Ceremony
	WLF14	W	16:20	18:10	Women +86kg Group A
		W	18:20	18:30	Women +86kg Victory Ceremony
		M	19:10	21:00	Men +110kg Group A
		M	21:10	21:20	Men +110kg Victory Ceremony

Note: The competition schedule may be subject to change after the Verification of Final Entry.

6. Competition Rules

The Weightlifting competition of the 20th Asian Games will be held as per the latest International Weightlifting Federation (IWF) Technical and Competition Rules & Regulations (TCRR).

Detailed information is available on the website of the IWF: www.iwf.sport

In case of any disagreement in the interpretation of the IWF rules and regulations, the English version shall prevail. Any unforeseen circumstances not covered by the regulations and rules shall be resolved as follows:

- Technical issues: Resolved in accordance with the IWF TCRR.
- General issues: Resolved in accordance with the Olympic Council of Asia (OCA) Constitution and Rules.

7. Competition Format

The Weightlifting competition of the 20th Asian Games Aichi-Nagoya 2026 comprises eight (8) bodyweight categories for Men, and eight (8) for Women. The competition format for each category consists of a single phase, though it may be contested in multiple groups.

Draw

After the Verification of Final Entry, a randomly generated lot number is drawn for each verified athlete. The athletes retain the lot number throughout the Event. The lot number defines the order of the weigh-in and the order of lifting during the course of the competition in the athlete's relevant group.

Bodyweight categories may be divided into two (2) or more groups by the Technical Delegate in accordance with the Entry Totals. If two (2) or more athletes have the same Entry Total, athletes may be allocated into different groups according to their lot number (e.g. athlete(s) with the lower lot number(s) go(es) to Group A; the athlete(s) with the higher lot number to Group B).

Weigh-in

In prior to each competition, weigh-in is carried out to verify athletes' bodyweights. The weigh-in of each competition begins two (2) hours before the start of the group concerned. Weigh-in lasts for one (1) hour. If the correct weight is not reached before the end of weigh-in period, the athlete will be eliminated from the competition. The Technical Delegate or her representative must issue Official Communication to state

the relevant athlete has been eliminated from the competition with the reason.

Course of competition

Each competition consists of two parts: the Snatch and then the Clean & Jerk, with generally a ten-minute break between the two. The Jury, at its discretion and in consultation with the Technical Delegate may shorten or lengthen the break. An appropriate announcement to all relevant parties (athletes, Team Officials, Technical Officials, sport production, broadcast, spectators, etc.) must be made.

Each athlete may take three attempts at individually chosen weights in both the Snatch and the Clean & Jerk. The barbell is loaded progressively. The athlete requesting the lightest weight lifts first. The weight of the barbell must always be increased by multiple of one (1) kilogram increments. One minute is allocated to each athlete between the calling of his/her name and the beginning of the attempt. When an athlete attempts two lifts in succession, he/she is allowed two minutes for the succeeding attempt. Three referees adjudicate each lift and pass their decision, if accepted or not. The validity of the lift is decided on the majority by the referees. Each decision made by the referees is immediately analysed by the Jury, and they can decide to reverse it. After this, the decision is final and irrevocable. The rules of lifting and for the adjudication of attempts are the same for men and women.

Athletes having no valid lifts in the Snatch are eliminated from competition and cannot continue in the Clean & Jerk.

Calling Order

The following four factors listed in priority must be considered when calling the athletes:

1. The weight of the barbell (lightest weight first)
2. The number of the attempt (lowest number first)
3. The sequence/order of the previous attempt(s) (the athlete who lifted earliest is first)
4. The start number of the athlete (lowest first)

20 kg Rule

The total weight of the starting attempts declared and actually taken in the Snatch and the Clean & Jerk must equal or exceed the weight of the verified Entry Total minus twenty (20) kg. The Jury will exclude the athlete from the competition if this rule is not adhered to. The above rule is commonly referred to as the “20 kg Rule”.

If the 20 kg Rule is not respected by the athlete / Team Official and goes unnoticed by all TOs and the athlete takes attempts, whether successful or not, and the error is

noticed only after the execution of the lifts, any or all such Clean and Jerk attempts not in compliance with the Rule will be rendered as “No lift”.

Tie Break Rules

If there is a tie, the factors to decide the classification of athletes in the Total are:

1. Best result – highest first; if identical, then:
2. Best Clean & Jerk result’s attempt number – the Athlete who achieved the Total result earliest according to the Calling Order.

In the case of tie(s) in different group(s), the athlete(s) who competed earlier in time will be ranked higher regardless of the attempt number at which the athletes reached the relevant result.

Classification of Athletes

Gold, silver and bronze medals will be awarded only to the top three (3) weightlifters in the Total results in each bodyweight category.

8. Sport Entries

8.1. Eligibility

- Only NOCs that are members of the OCA are entitled to enter athletes to compete in the Weightlifting competition of the 20th Asian Games.
- Only athletes who comply with the OCA Constitution and Rules and its By-laws are entitled to compete in the Weightlifting competition.
- Only athletes who comply with IWF Constitution & Rules, IWF TCRR, IWF Anti-Doping Rules (ADR), and IWF Policies are entitled to compete in the Weightlifting competition.
- Only athletes who comply with the applicable whereabouts requirements of the IWF Anti-Doping Rules are entitled to compete in the Weightlifting competition.

8.2. Entry Timeline

- Entry by Sport: 12 Jun 2025 – 07 Jul 2025
- Preliminary Entry by Number: 18 July 2025 – 16 September 2025
- Entry by Number – Second Round: 08 December 2025 – 31 January 2026
- Entry by Name (SEQ Period): 01 May 2026 – 01 July 2026

8.3. Entry Policies (special rule for the 20th Asian Games Aichi-Nagoya 2026)

- Individual: Each NOC may enter a maximum of one (1) athlete per bodyweight category.
- Total: Each NOC may enter maximum of five (5) male athletes and five (5) female athletes.
- Age Requirement: To be eligible to participate in the Asian Games Aichi-Nagoya 2026, Weightlifting athletes must be born on or before 31 December 2011.
- NOCs that withdraw their athletes or teams after the submission of the final entries by name (SEQ deadline) or the Team Draw phase will be faced with disciplinary action by the OCA Executive Board.
- Late Athlete Replacement (LAR): Only those athletes who are eligible and comply IWF Anti-Doping Rule can be used as replacements. This procedure must be completed before the Verification of Final Entries Meeting.

9. Training Arrangement

See Appendix 5 for the detailed training schedule.

10. Technical Officials and Jury of Appeal

International Technical Officials (ITOs) shall be appointed and accredited by the Asian Weightlifting Federation (AWF).

National Technical Officials (NTOs) shall be appointed by the Japan Weightlifting Association.

AF/IF has the right to appoint the Technical Delegate and International Technical Officials (ITOs) in coordination and approval of the OCA. In the event of any violation of the AF/IF Rules or Games Rules and Regulations by any participant, the OCA has the right to revoke his or her accreditation card and propose replacement of the participant concerned to the relevant party.

11. Verification of Final Entry Meeting

TBC

12. Technical Officials Meeting

TBC

13. Technical Meeting

TBC

14. Protests and Appeals

The Jury has the ultimate control over the FOP and its primary function is to ensure that the IWF TCRR are being correctly followed and applied. The Athlete / Team can challenge the Referees' or Jury's decision by using the Challenge Card. There is no appeal against the Jury's decision except for the Challenge procedure according to IWF TCRR 3.3.7. Any athlete/NOC may appeal to the Court of Arbitration for Sport (CAS), in the event that the athlete/NOC believes that there has been a violation of the IWF Rules or the OCA Constitution, as long as the appeal is not related to reversing the decision of the Referees or the result.

15. Equipment and Clothing

IWF approved barbells will be used for the competition and the training.

Equipment used and clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of the OCA and IWF. Neither athletes nor technical officials will be permitted to attach any form of commercial advertising to his or her competition uniform without prior approval from the OCA and the AINAGOC.

16. Doping Control

In order to ensure healthy and fair competitions and protect the interests of the athletes, the Anti-doping programme of the 20th Asian Games Aichi-Nagoya 2026 will be conducted in strict accordance with the World Anti-doping Code and the OCA Anti-doping Rules.

All athletes heading to the Games will need to complete the ADEL, which is provided by WADA, for International Level Athlete (ILA) e-learning module and all coaches will need to complete the ADEL for Coaches of High Performance (CHP) e-learning module

successfully. The completed certificate will need to be uploaded online during registration without which registration will not be successful. We strongly encourage you to start on this early. Further details are currently under consideration within the OCA, so please wait until the publication of the Doping Control Guide in April 2026.

17. Victory Ceremony

Gold, silver, and bronze medals will be awarded to the athletes ranked in the top three in the Total in each bodyweight category.

The Victory Ceremony will start approximately 10 minutes after the final attempt of each Group A session. To prepare for the ceremony, the medalists shall be escorted to the Waiting Area 10 minutes before the ceremony starts. Detailed timeline will be announced in the ceremony implementation plan.

Medalists must wear their NOC official uniforms. Medalists are not allowed to bring personal items nor their national flag.

Medal cases and bags will be provided after the ceremony on the way to the Press Mixed Zone.

In addition, diplomas will be awarded to all athletes of the top six (6) athletes according to the official results at a later date.

18. Sport Information Desk (SID)

All sport-specific information for Weightlifting will be available at the Sport Information Desk. It will be located at competition venue and the Sport Information Centre (SIC) in the NOC Service Centre. And at each athletes' accommodation, the Games Information Desk will offer limited support.



III

Approval of the Technical Handbook



III. Approval of the Technical Handbook

The version 3.0 of Sport Technical Handbook for Weightlifting of the 20th Asian Games Aichi-Nagoya 2026 is approved by the AWF or TD.



IV

Key Contact Information



IV. Key Contact Information

1. OCA

Director General: Hon. Dr. Husain A H Z Al-Musallam

Deputy Director General: Vinod Kumar Tiwari

OCA Sports Committee Chairman: Song Lu Zeng

Manager, OCA Sports Department: Ganesan Sundarammoorthy

2. International Weightlifting Federation

President: Mohammed Hasan Jalood Al-Shammari

General Secretary: Jose Carlos Quinones

Address: Maison du Sport International, Av. de Rhodanie 54, Switzerland-1007,
Lausanne

Tel: +41-216013227

E-mail: iwf@iwf.sport

Website: <https://beta.iwf.sport/>

3. Asian Weightlifting Federation

President: Mohamed Yousef A Al-Mana

Secretary General: Mohammed Ahmed A Alharbi

Address: P.O Box 2473, Doha, Qatar

Tel: (+974) 44943274

E-mail: president@awf.sport / gs@awf.sport

Website: <https://awf.sport/>

4. Technical Delegate

Name: Chinen Reiko Kato

Tel: (+81) 90 3547 3804

E-mail: renren0919@hotmail.com

5. AINAGOC

5.1. Sports Department

Deputy Director General: Kobayashi Toru

Address: 1-5, Shinsakae-machi, Naka-Ku, Nagoya-shi, Aichi, JAPAN

Postal Code: 4600004

Tel: +81-52-951-2026

Fax: +81-52-746-9150

E-mail: ainagoc@aichi-nagoya2026.org

Website: <https://www.aichi-nagoya2026.org/en/>

5.2. Sport Manager

Name: Sato Hiromi

Tel:

E-mail: hiromi_sato@aichi-nagoya2026.org

6. Japanese Olympic Committee (JOC)

Address: 4-2 Kasumigaoka-machi, Shinjuku-Ku, Tokyo

Japan Sport Olympic Square

Postal Code: 1600013

Tel: +81-3-6910-5950

Fax: +81-3-6910-5960

Website: <https://www.joc.or.jp/english/>



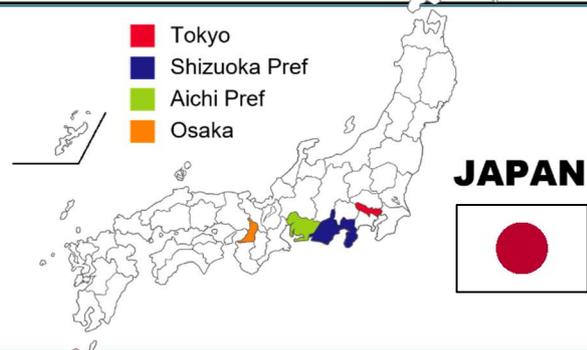
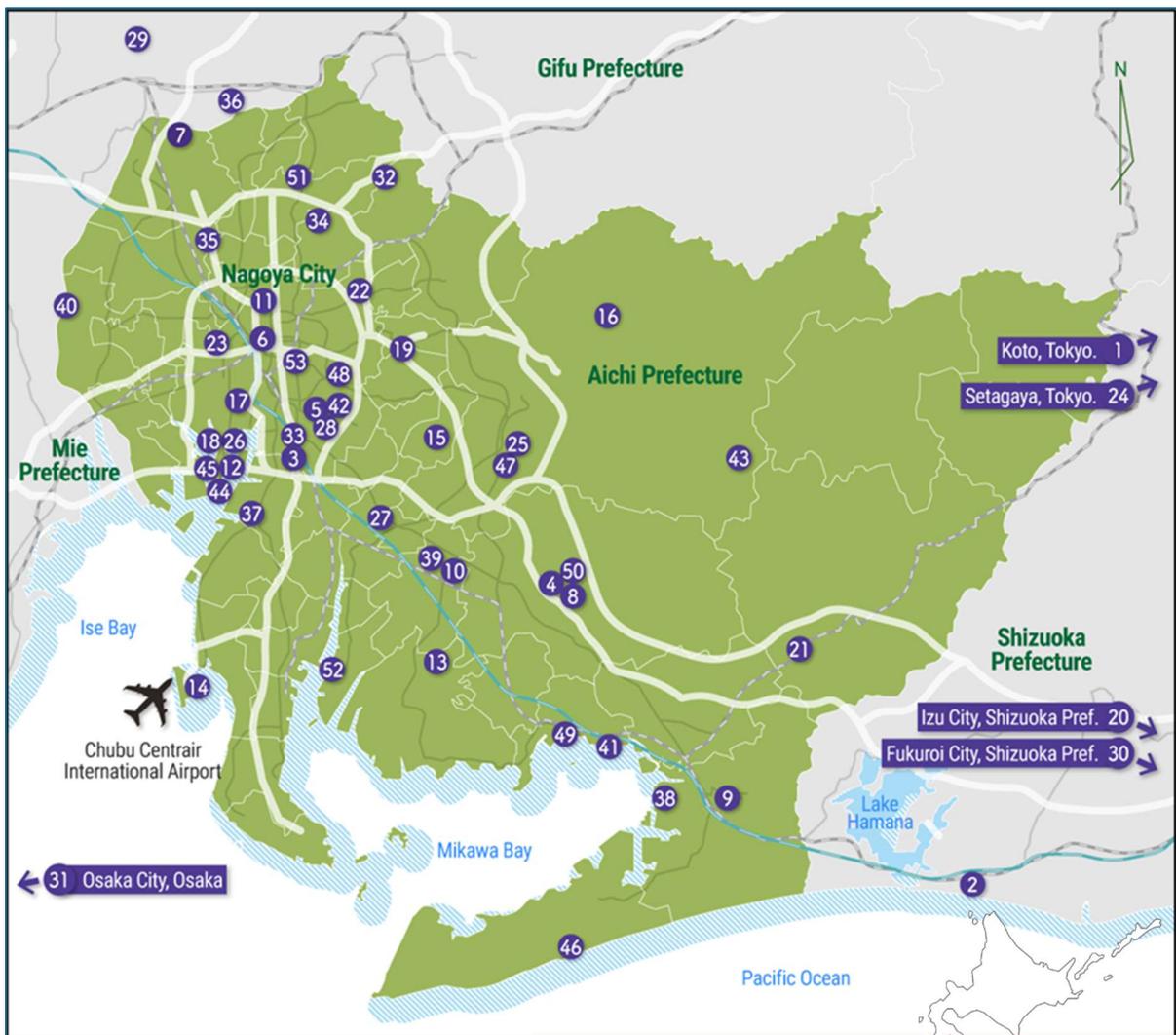
Appendices



V. Appendices

1. Venue Masterplan

- The venue for the Weightlifting competition (Nagoya City Trade and Industry Center) is marked as No. 53 on the map.
- Nagoya City Mizuho Park Athletic Stadium (Opening and Closing Ceremony Venue) is marked as No. 5 on the map.



Sport	Discipline	Competition Venues	Sport	Discipline	Competition Venues
1	Aquatics	Swimming/Diving (1) Tokyo Aquatics Centre	18	Handball	(34) Kasugai City Gymnasium
	Artistic Swimming	(2) "ToBiO" Furuhashi Hironoshin Memorial Hamamatsu Swimming Center			(35) ENTRIO
	Water Polo	(3) Nagoya City General Gymnasium[Rainbow Pool]	19	Hockey	(36) Gifu Prefectural Green Stadium
2	Archery	Recurve/Compound (4) Okazaki Chuo Sogo Park Multipurpose Square	20	Judo	(11) Aichi International Arena
3	Athletics	(Track and Field) (5) Nagoya City Mizuho Park Athletic Stadium	21	Kabaddi	(37) Tokai Citizen Gymnasium
		(Marathon) (5) Nagoya City Mizuho Park Athletic Stadium	22	Karate	Kata/Kumite (38) Toyohashi Gymnasium
		(Race Walk) (6) Circular course around the Aichi Prefectural Government office and the Nagoya City Hall	23	Modern Pentathlon	(39) Anjo Sports Park
4	Badminton	(7) Ichinomiya City Municipal Gymnasium	24	Rowing	(40) Nagaragawa International Regatta Course
5	Baseball/ Softball	Baseball (8) Okazaki Chuo Sogo Park Baseball Stadium	25	Rugby	Rugby sevens (28) Nagoya City Mizuho Park Rugby Field
		(9) Toyohashi Municipal Baseball Stadium	26	Sailing	(41) Kaiyoh Yacht Harbor
		Softball (10) Anjo Softball Ground	27	Sepaktakraw	(42) Nagoya City Mizuho Park Gymnasium
6	Basketball	(11) Aichi International Arena	28	Shooting	Rifle/ Pistol / Shot Gun (43) Aichi Prefectural General Shooting Gallery
		3x3 Basketball (12)Kinjo Futo Station Square Venue	29	Skateboarding	(14) Aichi Sky Expo
			30	Sport Climbing	(44) Nagoya International Exhibition Hall [Portmesse Nagoya]Exhibition Hall 1
7	Boxing	(13) Nishio Gymnasium	31	Squash	(45) Nagoya Kinjo-Futo Arena
8	Breaking	(14) Aichi Sky Expo	32	Surfing	(46) Pacific Long Beach (Tahara, Aichi, Japan)
9	Canoe/ Kayak	Canoe Sprint (15) Miyoshi Lake Canoe Course	33	Table Tennis	(47) SKY HALL TOYOTA
	Canoe Slalom	(16) Yahagigawa Canoe Slalom Course	34	Taekwon do	Kyorugi/Poomsae (38) Toyohashi Gymnasium
10	Combat sports	Jiu Jitsu (17) Aichi Prefectural Martial Arts Hall	35	Tennis	Tennis/Soft Tennis (48) Nagoya City Higashiyama Park Tennis Center
		Kurash (17) Aichi Prefectural Martial Arts Hall	36	Triathlon	(49) Gamagori City Triathlon Venue
		Mixed Martial Arts (18) Nagoya City Inae Sports Center	37	Volleyball	(50) Okazaki Chuo Sogo Park Gymnasium
Cricket	T20 (19) Korogi Athletic Park	Beach Volleyball			(51) Park Arena Komaki
12	Cycling	Cycling Track (20) Izu Velodrome	38	Weightlifting	(52) Hekinan Ryokuchi Beach Court
		Cycling Road (21) Curcuit course in Shinshiro City			(53) Nagoya City Trade and Industry Center
		Cycling Mountain Bike (22) Obata Ryokuchi Park	39	Wrestling	Freestyle/ Greco-Roman (18) Nagoya City Inae Sports Center
		Cycling BMX Racing (23) Nagoya Velodrome BMX Race Course	40	Wushu	Taolu/Sanda (17) Aichi Prefectural Martial Arts Hall
		Cycling BMX Freestyle (14) Aichi Sky Expo	41	Football	(25) TOYOTA STADIUM
Equestrian	Dressage/Eventing/ Jumping (24) Equestrian Park	(26) Nagoya City Minato Soccer Field			
Esports	(14) Aichi Sky Expo	(27) WAVE STADIUM KARIYA			
15	Fencing	Foil/Épée/Sabre (14) Aichi Sky Expo	41	Football	(28) Nagoya City Mizuho Park Rugby Field
16	Golf	(32) Kasugai Country Club East Course			(29) Gifu Nagaragawa Stadium
17	Gymnastics	Artistic Gymnastics/ Rhythmic Gymnastics/ Trampoline Gymnastics (33) Nagoya City General Gymnasium [Rainbow Hall]			(30) Shizuoka Stadium Ecopa
		(31) Nagai Stadium			

2. Competition Venue

The Weightlifting competition of the 20th Asian Games Aichi-Nagoya 2026 will be held at Nagoya City Trade and Industry Center. The training will be held at the same place. There will be 30 training platforms. Training is available from 17 September 2026 until 29 September 2026.



3. Field of Play (TBC)

FOP consists of one (1) weightlifting competition stage, one (1) competition platform, warm-up area with 14 platforms, Technical Officials' Tables, Competition Management (Technical) Tables and IF/AF Table(s).

4. Competition Schedule

Daily Schedule for the 20th Asian Games (as of February 12, 2026)

Competition Venue	Sport/Discipline	Sep																	OC	Oct															CC	Gold Medals
		10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	1	2	3	4	5									
		Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon									
		-9	-8	-7	-6	-5	-4	-3	-2	-1	0	+1	+2	+3	+4	+5	+6	+7	+8	+9	+10	+11	+12	+13	+14	+15										
AICHI																																				
Nagoya City General Gymnasium	Aquatics - Water Polo																																			
		TO BE ANNOUNCED SOON																													2					
Okazaki Chuo Sogo Park Multipurpose Square	Archery - Recurve																								3	2										
	Archery - Compound																							3	2											
Nagoya City Mizuho Park Athletic Stadium	Athletics - Track and Field														5	7	6	6	11	9																
	Athletics - Marathon																2																			
Circular course around the Aichi Prefectural Government Office and the Nagoya City Hall	Athletics - Race Walk														2				2																	
Ichinomiya City Municipal Gymnasium	Badminton														2							5														
Okazaki Chuo Sogo Park Baseball Stadium	Baseball/Softball -																																			
Tayohashi Municipal Baseball Stadium	Baseball																																			
Anjo Softball Ground	Baseball/Softball - Softball																										1									
Aichi International Arena	Basketball											1																								
Kinjo Futo Station Square Venue	3x3 Basketball																																			
Nishio Gymnasium	Boxing																										11									
Aichi Sky Expo	Breaking																											2								
Miyoshi Lake Canoe Course	Canoe/Kayak - Sprint																																			
Yahagigawa Canoe Slalom Course	Canoe/Kayak - Slalom																																			
Aichi Prefectural Martial Arts Hall	Combat sports - Jiu Jitsu																																			
Aichi Prefectural Martial Arts Hall	Combat sports - Kurash																																			
Nagoya City Inae Sports Center	Combat sports - Mixed Martial Arts																																			
Korogi Athletic Park	Cricket - T20																																			
Circuit course in Shinshiro City	Cycling - Road																																			
Obata Ryokuchi Park	Cycling - Mountain Bike																																			
Nagoya Velodrome BMX Race Course	Cycling - BMX Racing																																			
	Cycling - BMX Freestyle																																			
Aichi Sky Expo	Esports																																			
	Fencing - Foil																																			
	Fencing - Épée																																			
	Fencing - Sabre																																			
Kasugai Country Club East Course	Golf																																			
Nagoya City General Gymnasium [Rainbow Hall]	Gymnastics - Artistic Gymnastics																																			
	Gymnastics - Rhythmic Gymnastics																																			
	Gymnastics - Trampoline Gymnastics																																			
Kasugai City Gymnasium	Handball																																			
ENTRIO																																				
Aichi International Arena	Judo																																			
Takai Citizen Gymnasium	Kabaddi																																			
Tayohashi Gymnasium	Karate - Kata																																			
	Karate - Kumite																																			
Anjo Sports Park	Modern Pentathlon																																			
Nagaragawa International Regatta Course	Rowing																																			
Nagoya City Mizuho Park Rugby Field	Rugby Sevens																																			

Competition Venue	Sport/Discipline	Sep																	OC	Oct															Gold Medals
		10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	1	2	3	4	5								
		Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	+15								
AICHI																																			
Kaiyoh Yacht Harbor	Sailing																						4	3	3	4									
Nagoya City Mizuho Park Gymnasium	Sepaktakraw															2					2				2										
Aichi Prefectural General Shooting Gallery	Shooting - Rifle											2	2	1				2	2																
	Shooting - Pistol														2	2	1				2														
	Shooting - Shot Gun													4	1						4	1													
Aichi Sky Expo	Skateboarding															2				2															
Nagoya International Exhibition Hall [Portmesse Nagoya]	Sport Climbing																					2	2		2										
Nagoya Kinjo-Futo Arena	Squash																			3				2											
Pacific Long Beach (Tahara, Aichi, Japan)	Surfing																				2														
SKY HALL TOYOTA	Table Tennis														2			1	2	2															
Toyohashi Gymnasium	Taekwondo - Kyorugi																							4	4										
	Taekwondo - Poomsae																							2											
Nagoya City Higashiyama Park Tennis Center	Tennis - Tennis																								5										
	Tennis - Soft Tennis																																		
Gamagori City Triathlon Venue	Triathlon											2	1		2																				
Okazaki Chuo Sogo Park Gymnasium	Volleyball - Volleyball																								1										
Park Arena Komaki	Volleyball - Beach													1																					
Hekinan Ryokuchi Beach Court	Volleyball																							1	1										
Nagoya City Trade and Industry Center	Weightlifting														2	2	2	2	2	2	2	4													
Nagoya City Inae Sports Center	Wrestling - Freestyle																						1	1	5	5									
	Wrestling - Greco-Roman																						3	3											
	Wushu - Taolu												2	2	2	2																			
Aichi Prefectural Martial Arts Hall	Wushu - Sanda															7																			
TOKYO																																			
Tokyo Aquatics Centre	Aquatics - Swimming											7	7	6	7	7	7																		
	Aquatics - Diving																	2	2	2	2	2													
Equestrian Park	Equestrian - Dressage																1		1																
	Equestrian - Eventing														2																				
	Equestrian - Jumping																							1		2									
SHIZUOKA																																			
"ToBIO" Furuhashi Hironoshin Memorial Hamamatsu Swimming Center	Aquatics - Artistic Swimming																				1	1													
Izu Velodrome	Cycling - Track																						2	3	3	4									
GIFU																																			
Gifu Prefectural Green Stadium	Hockey																							1	1										
FOOTBALL CITIES																																			
TOYOTA STADIUM																																			
Nagoya City Minato Soccer Field	Football																																		
Wave Stadium Kariya																																			
Nagoya City Mizuho Park Rugby Field																																			
Gifu Nagaragawa Stadium																																			
Shizuoka Stadium Ecopa																									1										
Nagai Stadium																																			

※Subject to change due to coordination with stakeholders.

Competition Day
 Gold Medal Event day
 OC Opening Ceremony
 CC Closing Ceremony

5. Training Schedule

group	NAT	Women	Men	TOTAL	PLATFORMS	practice 1	practice 2	practice 3	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7					
group 1	TBD					10:00~	12:30~	15:00~	17:30~	10:00~	12:30~	15:00~	17:30~	10:00~	12:30~					
						12:00	14:30	17:00	19:30	12:00	14:30	17:00	19:30	12:00	14:30	17:00	19:30	12:00	14:30	
group 2	TBD					12:30~	15:00~	17:30~	10:00~	12:30~	15:00~	17:30~	10:00~	12:30~	15:00~					
						14:30	17:00	19:30	12:00	14:30	17:00	19:30	12:00	14:30	17:00	19:30	12:00	14:30	17:00	
group 3	TBD					15:00~	17:30~	10:00~	12:30~	15:00~	17:30~	10:00~	12:30~	15:00~	17:30~					
						17:00	19:30	12:00	14:30	17:00	19:30	12:00	14:30	17:00	19:30	12:00	14:30	17:00	19:30	
group 4	TBD					17:30~	10:00~	12:30~	15:00~	17:30~	10:00~	12:30~	15:00~	17:30~	10:00~					
						19:30	12:00	14:30	17:00	19:30	12:00	14:30	17:00	19:30	12:00	14:30	17:00	19:30	12:00	

6. OCA Constitution

Article 52

- Eligibility Code
 - To be eligible for participation in the OCA GAMES, a competitor must:
 1. Observe and abide by the Rules of the IOC/OCA as per the Olympic Charter.
 2. Respect the spirit of fair play and non-violence and abide by the rules on the sports field.
 3. Comply with all aspects of WADA and OCA Anti-Doping Rules Code and refrain from using substances and drugs prohibited by the said organizations.
 4. The Member must ensure that any competitor in the OCA GAMES must be the nationality of the country of NOC, which is entering him.
 5. Disputes relating to the determination of the country which a competitor may represent in the OCA GAMES shall be resolved by the EB, unless the eligibility code already set out in the Constitution has been fulfilled and is not in dispute.

- **By-laws to Article 52**
 1. *All cases of infringement of IOC Rule 41, 42 and it's By-laws and of the eligibility code of IFs shall be communicated by the concerned Member to the OCA, to be considered by the EB whose decision will be final*
 2. *A competitor who is a national of two (2) or more countries at the same time may represent either one (1) of them, as he may elect. However, after having represented one country in the Olympic, Asian continental regional or world championships recognised by the relevant IF, the competitor may not represent another country unless he or she meets the conditions set forth in sub section 4 below that apply to the persons who has changed his nationality or acquired a new nationality.*
 3. *A competitor who has represented one country in the Olympic Games, OCA GAMES, continental, regional, and world championships recognised by the relevant IF, and who has changed his nationality or acquired a new nationality, shall not participate in the OCA GAMES to represent his new country until three years after such change or acquisition.*
 4. *If a State, Country or a colony acquires independence, a country becomes incorporated within another country by a change of border or transfer of sovereignty or if a new NOC is recognised by the OCA, a competitor may continue to represent the country to which he belong or belonged. However, he may, if*

preferred, choose to represent his country or be entered in the OCA GAMES by his new NOC if one exists. This option can only be made once and is irreversible.

5. *In all cases not expressly addressed in these By-Laws, in particular those cases where a competitor would be in a position to represent a country other than that of which he is a national, or to have choice as to the country which he intends to represent, the EB makes all decisions. Decisions can be of a general or individual nature and issue specific requirements relating to nationality, citizenship, domicile or residence of the competitors, including the duration of any waiting period.*
6. *Except as permitted by the EB, no competitor, coach or official who participates in the OCA GAMES may allow his person, name and picture or sports performances to be used for advertising purposes during the OCA GAMES.*

Article 53

- Necessary Conditions for representing a Country
1. Only nationals of member NOCs are eligible to represent that country in the OCA GAMES. Where a competitor's nationality is the subject of scrutinization, evidence (passport, residency & other documents) must be produced to support and meet the definition of eligibility, according to the rules prevailing in the particular sport in which the competitor wishes to take part. It is not permissible for a competitor having once represented a country in the OCA GAMES or any international sports competition such as Olympic Games, Asian Games, World Games, Continental Games, Regional Games etc., to represent a different country in the future unless:
 - a. The former country or place of birth has since been incorporated in another State.
 - b. Or if he/she competed for the former country because the NOC or Chief National Organisation of their native land was not a Member of the OCA at that time.
 - c. The rules in relation to Article 49 By-laws 4 are met.
 2. Competitors will be eligible if they comply with the following qualifications:
 - a. That they were born in the country they represent.
 - b. That they are nationals or citizens of the country they represent and have lived there continuously for a period of not less than three years.

- c. That they have become naturalized in the country they represent and have permanent residence there.
3. Competitors born outside Asia cannot be qualified unless they meet conditions in 2 b & c, where applicable.

- ***By-laws to Article 53***

The OCA will have the full authority for disqualification of any athlete in all matters other than technical.

Article 54

- Age Limit
 - There is no age limit for competitors in the OCA GAMES, unless the IF and/or AFs prescribe otherwise and is approved by the EB apart from AYG which has an age restriction of 14-17 years.

7. Clothing Guidelines

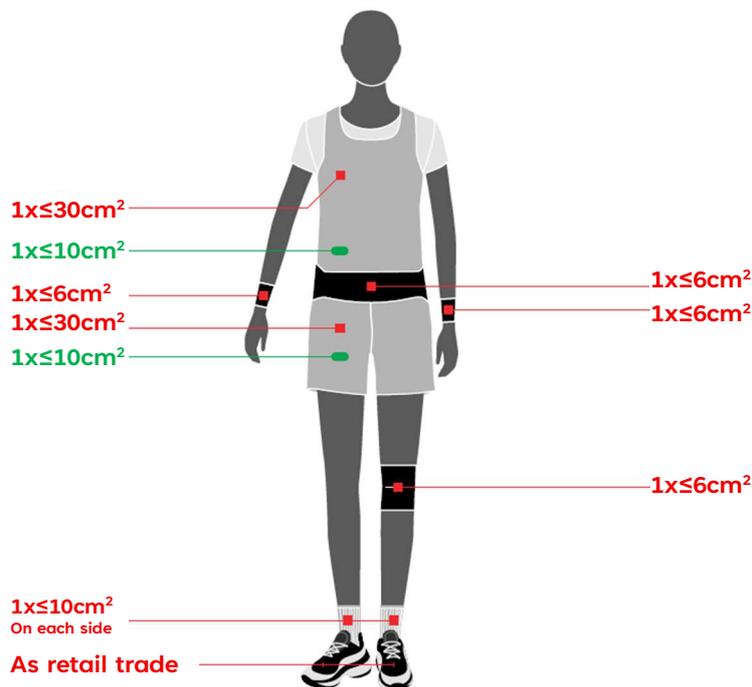
Please note that presented below are examples of identification markings (manufacturer logos, athlete names, and/or other similar markings) acceptable on uniforms and related items used in this competition, based on the OCA Commercial Guidelines and relevant IF/AF regulations.

Since these examples illustrate major points only, please ensure to review the full text of the guidelines and regulations for details.

During the Asian Games period, the OCA Commercial Guidelines take precedence over IF/AF regulations relating to commercial branding and identification marks on clothing and equipment, unless otherwise approved by the Executive Board of the OCA.

Identification marks violating these standards will be removed or covered in accordance with OCA's instructions to AINAGOC and NOCs.

7.1. ATHLETE FRONT



【Identification of the Manufacturer】

- Clothing

- **T-shirt | Undershirt | Robe | Tracksuit/Jacket**

One Identification of the Manufacturer [■] per clothing item will be permitted, to a maximum size of 30cm².

- **One-piece body suit**

Where one-piece body suits are used in competition, one Identification of the Manufacturer shall be permitted above the waist and below the waist, in accordance with the maximum size noted above, however these identifications shall not be placed immediately adjacent to each other.

- **Accessories**

- **Support belt | Kneecaps**

One Identification of the Manufacturer [■] per item will be permitted, to a maximum size of 6cm².

- **Bandages**

One Identification of the Manufacturer [■] per item will be permitted, to a maximum size of 6cm²

- **Headgear**

One Identification of the Manufacturer [■] per item will be permitted, to a maximum size of 10cm² or two Identifications of the Manufacturer, to a maximum size of 5cm² each, placed above each ear.

- **Socks**

One Identification of the Manufacturer [■] per item will be permitted, to a maximum size of 10cm².

- **Eyewear**

May carry the Identification of the Manufacturer as generally used on products sold through retail trade during the period of 6 months or more prior to the Games, with the Identifications permitted on the lenses so long as such identifications are tone-on-tone, engraved into the lens, and is not deemed as conspicuous by the OCA.

- **Bag**

One Identification of the Manufacturer per item will be permitted, not greater than 10% of the surface area of the item, to a maximum size of 60cm².

- **Sport Equipment**

For any sports equipment, the size of an Identification of the Manufacturer shall not exceed 10% of the surface area (up to a maximum of 60cm²).

○ Shoes/Footwear

• Shoes

All footwear items may carry the Identification of the Manufacturer as generally used on products sold through the retail trade during the period of 6 months or more prior to the Games.

【Product Technology Identification】

○ Clothing

• T-shirt | Undershirt | Robe | Tracksuit/Jacket

One additional Product Technology Identification [■] will be permitted per clothing item with a maximum size of 10cm².

• One-piece body suit

Where one-piece body suits are used in competition, one Product Technology Identification shall be permitted above the waist and below the waist, in accordance with the maximum size noted above, however these identifications shall not be placed immediately adjacent to each other.

【NOC Emblem and National Identity】

○ Additional IF/AF Specifications

Third Party Identifications (athlete names)

No names of athletes allowed on items.

NOC Emblems and National Identity

No IF/AF specific regulations with regard to National Identifications.

8. Late Replacement of Athletes (Form)

 		
Please print it clearly in Capital Letter		
National Olympic Committee	NOC Code	
<input type="text"/>	<input type="text"/>	
A. Replacement Athlete		
ACR Number	DoB (dd/mm/yyyy)	Gender
<input type="text"/>	<input type="text"/>	Male <input type="checkbox"/> Female <input type="checkbox"/>
Family Name	Discipline	
<input type="text"/>	<input type="text"/>	
Given Name	Event	
<input type="text"/>	<input type="text"/>	
IF Number		
<input type="text"/>		
B. Athlete being Replaced		
ACR Number	DoB (dd/mm/yyyy)	Gender
<input type="text"/>	<input type="text"/>	Male <input type="checkbox"/> Female <input type="checkbox"/>
Family Name	Discipline	
<input type="text"/>	<input type="text"/>	
Given Name	Event	
<input type="text"/>	<input type="text"/>	
IF Number	Reason of Replacement	
<input type="text"/>	Injury <input type="checkbox"/> Illness <input type="checkbox"/> Other <input type="checkbox"/>	
NOC Representative Name	NOC Representative Signature	Date (dd/mm/yyyy)
<input type="text"/>	<input type="text"/>	<input type="text"/>
C. Asian Federation Comments		
Decision	AF Representative Signature	Date (dd/mm/yyyy)
Approved <input type="checkbox"/> Rejected <input type="checkbox"/>	<input type="text"/>	<input type="text"/>
D. OCA Comments		
OCA Medical Representative or OCA Medical Director Comments		
<input type="text"/>		
Decision		
Approved <input type="checkbox"/> Rejected <input type="checkbox"/>		
OCA Representative Name and Signature	Date (dd/mm/yyyy)	
<input type="text"/>	<input type="text"/>	
<p><i>Please return the signed form and the required documentation to the AINAGOC Sport Entries team.</i></p> <p><i>All Replacements are subject to the OCA's Late Athlete Replacement Policy for the Aichi-Nagoya 2026.</i></p>		
<p>Athlete's Declaration: "I, the undersigned, declare on my honor that I am eligible and fulfil the Conditions stipulated by the OCA Rules and constitution. I am also fully aware of the OCA Anti-Doping Rules and the allowable trademark identification on clothing and equipment worn or used at the OCA GAMES as indicated in the Commercial Guidelines. Failing to comply with any of the above may result in penalties and my disqualification."</p>		
<p>Athlete's Signature and Date: _____</p>		

9. SPONSOR

9.1. Prestige Partners



TOYOTA



9.2. Official Partners



9.3. Official Sponsors



9.4. Official Suppliers





20th Asian Games
Aichi-Nagoya 2026

IMAGINE ONE ASIA
ここで、ひとつに。

AINAGOC